

Time Schedule

Implement Weigh-In: 7:45 - 9:15am and 12:45 – 1:15pm (Located next to Discus Cage.

Poles will be inspected at the Pole Vault area.

Coaches Meeting: 9:00am - Located on the top floor of the arena.

Field Events:

9:30-11:00	11:30-1:00	1:30-3:00	3:30-5:00
Boys Pole Vault (3)	Boys Pole Vault (2)	Girls Pole Vault (3)	Girls Pole Vault (2)
Boys Javelin (2)	Boys Javelin (3)	Girls Javelin (2)	Girls Javelin (3)
Girls High Jump (3)	Girls High Jump (2)	Boys High Jump (3)	Boys High Jump (2)
Boys Long Jump (3)	Boys Long Jump (2)	Girls Long Jump (3)	Girls Long Jump (2)
Girls Triple Jump (2)	Girls Triple Jump (3)	Boys Triple Jump (2)	Boys Triple Jump (3)
Boys Shot Put (2)	Boys Shot Put (3)	Girls Shot Put (2)	Girls Shot Put (3)
Girls Discus (3)	Girls Discus (2)	Boys Discus (3)	Boys Discus (2)

Running Events: C3 followed by C2

11:00 Girls 4x800 Relay

11:30 Boys 4x800 Relay

12:00 Girls 100 Hurdles

12:10 Boys 110 Hurdles

12:20 Girls 100 Meter Dash

12:30 Boys 100 Meter Dash

12:40 Girls 4x200 Relay

12:50 Boys 4x200 Relay

1:00 Girls 1600 Run

1:20 Boys 1600 Run

1:40 Girls 4x100 Relay

1:50 Boys 4x100 Relay

2:00 Girls 400 Dash

2:10 Boys 400 Dash

2:20 Girls 300 Hurdles

2:30 Boys 300 Hurdles

2:40 Girls 800 Run

2:50 Boys 800 Run

3:00 Girls 200 Dash

3:10 Boys 200 Dash

3:20 Girls 3200 Run

3:50 Boys 3200 Run

4:20 Girls 4x400 Relay

4:30 Boys 4x400 Relay